

## Middle Head



**1 Hr**

**Moderate track**

**2 km Circuit**

**104m**

3

This walk leads you around the perimeter of Middle Head. This is a great place to explore, with many forts, barracks and views over Sydney Harbour. The forts area is an excellent place to spend some time walking through the tunnels and gun pits.

20m

54m

Sydney Harbour National Park

### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** You can get to Int. Middle Head Rd and Chowder Bay Rd (gps: -33.8278, 151.2615) by car or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.t/1d>

### 0 | Int. Middle Head Rd and Chowder Bay Rd

*(890 m 17 mins)* From the intersection of Chowder Bay and Middle Head Rd, this walk heads down through the car park to the far end, where there are signs. The walk heads along the fenceline passing the Sydney Harbour NP sign. The fenceline is followed as it tends right, coming to a gate.

**Veer left:** From the intersection, this walk heads through the gate, keeping the view of the water to the right of the track. Note that if the gate is closed, visitors can walk around the right-hand side of the fence. The walk then follows the fenceline, (on the left of the track), to then continue up a small hill along the fenceline and to a short stone wall. The walk continues over the stone wall to the fork in the road.

**Turn right:** From the intersection, this walk heads up 'Old Fort Rd', keeping the unfenced cottage on the right of the road. The walk soon passes a radio tower on the right, and continues past a gate to the intersection, opposite a sign in the clearing on the left.

**Continue straight:** From the intersection, this walk heads along the overgrown management trail to the tallest of the forts. From here, walkers can explore the fortifications.

### 0.89 | Middle Head Forts

The forts of Middle Head consist of a rabbit warren of concrete tunnels, winding some 300m around the end of the headland. The fortifications and gun emplacements are varied in size and state, with some closed to protect heritage and the bats. Nearly all the forts overlook the harbour, with views out past the heads and to sea. This is a great area for a little adventure with so many tunnels to explore. For information on tours, click the link. [More info.](#)

### 0.89 | Tallest Fort

*(330 m 6 mins)* Turn around: From the tallest fort, this walk heads away from the sea and the forts, along an overgrown management trail. The walk comes to an intersection opposite a sign, on the far side of the clearing.

**Turn right:** From the intersection, this walk heads away from the built-up forts and road, to cross the clearing to the signposted 'Inner

Middle Head Forts'. The track follows the arrow on this sign for approximately 200m through the bush to a sunken concrete fort on the right.

### 1.22 | Disappearing Gun Pit South

*(50 m 2 mins)* Continue straight: From the southern fort (surrounded by bush), this walk winds right, away from the fort keeping the sea on the right of the track. The track quickly leads to an intersection near the fort at the sea cliff.

**Veer right:** From the intersection, this walk heads towards the concrete gun pit and the sea, approximately 20m away.

### 1.27 | Disappearing Gun Pit North

*(530 m 14 mins)* Turn around: From the fort, this walk heads away from the sea cliffs and the fort for approximately 20m to the intersection.

**Continue straight:** From the intersection, this walk heads away from the sea view and the concrete fort, keeping a sunken concrete feature to the left of the track. The track winds a little for approximately 120m, to the signposted intersection with Govenors Rd.

**Turn right:** From the intersection, this walk heads down the grass hill beside the old house, keeping the house on the left. The track then turns left and down the hill with the fence, to continue along the fenceline. Near the end of the fence, the track turns right, down the hill and comes to a management trail.

**Turn left:** From the intersection, this walk heads up the hill, with the houses above to the left of the track. The track soon meets a clearing, continuing through to the 'Sydney Harbour National Park' sign.

**Veer right:** From the intersection, this walk heads along the line of the cyclone fence, on the left, for approximately 150m to the gate in the white picket fence of Middle Head Oval, near the 'Middle Head' sign.

### 1.8 | Middle Head Oval NE Gate

*(170 m 5 mins)* Turn left: From the gate, this walk heads across the oval to the far side, next to the baseball nets.

**Veer left:** From the gate, this walk heads to the intersection of Middle Head Road and Chowder Bay Road.

